

Ocean Lifeguard Award

**Certificate II in Public Safety
(Aquatic Rescue)
PUA21012**

and /or

**Advanced Ocean
Lifeguard Award**

**Certificate III in Public Safety
(Aquatic SearchRescue)
PUA31312**

Course Guide

Student Name:

Workplace:

Information delivered by:

Interview Date:

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1. Course Introduction

The purpose of this course is to train and assess you in the skills and knowledge of professional lifeguarding and surf awareness to be able to participate and be employed in professional lifeguarding operations.

The two courses provide two exit points from within the course. By completing the Certificate II in Public Safety (Aquatic Rescue) and Ocean Lifeguard Award you would exit with the industry recognised entry level requirements for “casual” or “holiday period” lifeguards. By Completing the Certificate III in Public Safety (Aquatic Search and Rescue) and the Advanced Ocean Lifeguard Award you would exit with the qualification suitable for seasonal or permanent employment as a professional ocean lifeguard.

(Please Note: Employers may have different requirements and students are expected to research and understand the requirements of their prospective employers)

2. Course outcomes

This course is intended for learners that want to work professionally in the ocean lifeguard industry.

By completing the course, you receive:

**PUA21012 Certificate II in Public Safety (Aquatic Rescue) and,
Ocean Lifeguard Award**

And / Or

**PUA31312 Certificate III in Public Safety (Aquatic Search and Rescue) and
Advanced Ocean Lifeguard Award**

3. Pre-requisites

To commence training for the Ocean Lifeguard Award and PUA21012 Certificate II in Public Safety (Aquatic Rescue) or Advanced Ocean Lifeguard Award and PUA31312 Certificate III in Public Safety (Aquatic Search and Rescue) you must meet the following course prerequisites:

- Be at least 16 years of age on the date of final assessment
- Complete an unaided swim (goggles/masks permitted) of 400 metre swim in nine (9) minutes or less, in a swimming pool of not less than 25 metres, or over a measured open water course which will be observed prior to the candidate undertaking any water training or assessment activities,

evidence of which must be provided to the Assessor on the appropriate form prior to commencement of the assessment for this qualification.

(Please Note: Additional physical requirements apply to each course and these will be assessed during the course. The above pre-requisites apply to ensure the student has the minimum physical requirements)

4. What you need to complete the course/s

- Professional Ocean Lifeguard Training Manual,
- Professional Ocean Lifeguard Course Guide (this document),
- To be enrolled as a student with Macbec Pty Ltd,
- Appropriate level of fitness and includes running, swimming and rescue skills,
- Access to workplace setting/s appropriate to the position you are apply for,
- Successfully complete the training and assessments for each of the units of competency aligned to each course

5. Nationally Recognised Qualification/s

On completion of the appropriate assessments you will be eligible to receive the nationally recognised qualification PUA21012 - Certificate II in Public Safety (Aquatic Rescue) and/or 31312 - Certificate III in Public Safety. These are national VET qualifications.

Within these qualifications are the following national units of competency:

CORE (5 Core Units):

- PUACOM001C Communicate in the workplace
- PUASAR013A Participate in an aquatic rescue operation
- PUATEA001B Work in a team
- PUATEA004D Work effectively in a public safety organisation
- HLTFA211A Provide basic emergency life support

NOMINATED ELECTIVES (3 Elective Units):

(additional electives are available but not used in this version)

- PUAOHS001C Follow defined occupational health and safety policies and procedures
- PUAOPE013A Operate communications systems and equipment
- PUASAR012C Apply surf awareness and self-rescue skills

EXIT POINT: PUA21012 - Certificate II in Public Safety (Aquatic Rescue)

Complete the following physical and have current or complete the listed medical competencies and exit with Ocean Lifeguard Award:

PHYSICAL COMPETENCE:

- 800 metre swim in fourteen (14) minutes or less, in a swimming pool of not less than 25 metres
- Lifeguard Mission in a surf environment comprising of 300m swim (m-shaped course), 600m run comprising of soft and hard sand, 300m rescue board paddle (m-shaped course) and a 600m run comprising of soft and hard sand
- Rescue Scenarios including power craft rescue if used in work environment

MEDICAL COMPETENCE and CURRENCY:

- HLTAID001 Provide cardio pulmonary resuscitation
- HLTAID003 Provide first aid
- HLTAID007 Provide advanced resuscitation

EXIT POINT: PUA21012 - Certificate II in Public Safety (Aquatic Rescue) and Ocean Lifeguard Award

Enrol in the PUA31312 - Certificate III in Public Safety (Aquatic Search and Rescue), complete the following additional units and receive the PUA31312 - Certificate III in Public Safety Aquatic Search and Rescue:

CORE (6 Core Units):

- PUAOHS002B Maintain safety at an incident scene
- PUASAR011C Search as a member of an aquatic search team
- PUATEA004D Work effectively in a public safety organisation
- HLTF311A Apply First Aid
- **PUACOM001C Communicate in the workplace*
- **PUAOPE013A Operate communications systems and equipment*

NOMINATED ELECTIVES (5 Elective Units):

(additional electives are available but not used in this version)

- PUAEME004A Provide emergency care for suspected spinal injury
 - Prerequisite
 - **HLTF311A Apply First Aid*
- PUAOPE027A Undertake beach safety management activities
- SISCAQU202A Perform basic water rescues
- SISCAQU307A Perform advanced water rescues
- PUASAR017A Undertake advanced surf rescue
 - Prerequisites:
 - **PUACOM001C Communicate in the workplace*
 - **PUASAR012C Apply surf awareness and self-rescue skills*
 - **PUASAR013A Participate in an aquatic rescue operation*

**(already completed in the PUA21012 - Certificate II in Public Safety (Aquatic Rescue)*

EXIT POINT: PUA31312 - Certificate III in Public Safety (Aquatic Search Rescue)

Complete the following physical and have current or complete the listed medical competencies and exit with Advanced Ocean Lifeguard Award:

PHYSICAL COMPETENCE:

- 800 metre swim in fourteen (14) minutes or less, in a swimming pool of not less than 25 metres
- Lifeguard Mission in a surf environment comprising of 300m swim (m-shaped course), 600m run comprising of soft and hard sand, 300m rescue board paddle (m-shaped course) and a 600m run comprising of soft and hard sand
- Rescue Scenarios including power craft rescue if used in work environment

MEDICAL COMPETENCE and CURRENCY:

- HLTAID001 Provide cardio pulmonary resuscitation
- HLTAID003 Provide first aid
- HLTAID007 Provide advanced resuscitation

EXIT POINT: Certificate III in Public Safety (Aquatic Search and Rescue) and Advanced Ocean Lifeguard Award

PLEASE NOTE: Employers may also require evidence of current competences not listed in these courses. These include but not limited to:

- PUAEME005A Provide pain management
- PUAEME004A Provide emergency care for suspected spinal injury
- PWC / Boat License
- Drivers Licence

6. Ongoing Competence and Currency

Once you gain your Certificate II or III in Public Safety there is no requirement for you resit for assessment in those qualifications again. Industry practice currently requires a “current” award for ongoing employment in both public and private settings. A national qualification doesn’t expire but to maintain currency and competence it is recommended the Award component; the Ocean Lifeguard Award and / or Advanced Ocean Lifeguard Award be updated in line with current industry best practice.

The following is current industry recommendations:

Ocean Lifeguard Award	12 months
Advanced Ocean Lifeguard Award	12 months
Cardio Pulmonary Resuscitation	12 months
Advanced Resuscitation	12 months
Spinal Injury Management	12 months
First Aid	3 years

If you would like to know more about nationally recognised qualifications and training as please visit www.training.gov.au